

Winter Menu – week one

Monday	Tuesday	Wednesday	Thursday	Friday
Digestive Biscuit and fresh fruit with milk or water	Rice cake and fresh fruit with milk or water	Breadstick and fresh fruit with milk or water	Rich tea biscuit and fresh fruit with milk or water	Rice cake and fresh fruit with milk or water
Cottage pie with broccoli and carrots Strawberry jelly	Vegetable chow Mein, with carrots and peas Lemon drizzle cake	Sausage and mash with onion gravy, peas and cabbage Baked rice pudding	Chicken and mushroom pie with new potatoes, sweet corn and carrots Raspberry yoghurt	Haddock and broccoli pasta with cauliflower and peas Apple crumble and custard
Cheesy crumpets with vegetable sticks Butterfly cupcakes	Jacket potatoes with cheese and beans Fresh fruit	Cheese straws with vegetable sticks Fresh fruit	Winter vegetable soup with homemade bread Vanilla shortbread	Mixed finger sandwiches with tomato and cucumber Fresh fruit

Winter menu – week two

Monday	Tuesday	Wednesday	Thursday	Friday
Digestive Biscuit and fresh fruit with milk or water	Rice cake and fresh fruit with milk or water	Breadstick and fresh fruit with milk or water	Rich tea biscuit and fresh fruit with milk or water	Rice cake and fresh fruit with milk or water
Sausage and tomato linguine with broccoli and peas Lime jelly	Lasagne, green cabbage and carrots Apple and blackberry crumble with cream	Chunky vegetable chilli with rice, carrots and broccoli Ice cream	Fish pie with peas and sweet corn Fromage frais yoghurts	Chicken pot pie with mash Cabbage Date pudding
Cheese and onion quiche with vegetable sticks Lemon muffins	Mixed Finger sandwiches with tomato and cucumber Fresh fruit	Ham and cheese pin wheels with tomato and cucumber Ginger bread men	Beans on toast Fresh fruit	Roasted pepper and tomato soup with homemade bread Raisin cookies

Winter menu – week three

Monday	Tuesday	Wednesday	Thursday	Friday
Digestive Biscuit and fresh fruit with milk or water	Rice cake and fresh fruit with milk or water	Breadstick and fresh fruit with milk or water	Rich tea biscuit and fresh fruit with milk or water	Rice cake and fresh fruit with milk or water
Vegetable chilli with rice, carrots and peas Fruit flap jacks	Chicken and mushroom Tagliatelle with sweet corn and carrots Raspberry yoghurt	Tuna fish cakes with new potatoes, cauliflower and peas Strawberry jelly	Beef hotpot with broccoli and carrots Ice cream	Sausage and mash with onion gravy, peas and cabbage Chocolate cake
Mixed finger sandwiches with tomato and cucumber Fresh fruit	Butternut squash soup with homemade bread Orange shortbread	Cheese straws with vegetable sticks Fresh fruit	Jacket potatoes with tuna mayo Raisin muffin	Cheesy crumpets with vegetable sticks Fresh fruit